

Ron Fontaine/U.S. Navy photo

Corie Bolton, 11, son of Chief Machinist's Mate Daniel and Jayne Bolton on 244 Maffit St., goes airborne on a hill behind Semmes Street, Coddington Cove Housing, after all schools were canceled because of snow last Friday. More snow arrived Monday, followed by colder temperatures.



## Astronaut was mentor

Cmdr. McCool, the pilot on the space shuttle Columbia, is remembered at the Naval War College as a fighter squadron mentor, and always smiling.

—Page 3



## Ice rescues in Melville

Naval Station Newport firefighters find the cold weather perfect for ice rescue drills on frozen Melville Pond.

-Page 8



## Crunch time for cutters

The Coast Guard buoy tenders Willow and Juniper are tasked with icebreaking on the frozen Hudson River, N.Y.

-Page 9

#### **Roving reporter**

#### Our question:

In light of the NASA Space Shuttle Columbia disaster, would you make any changes in the U.S. space program?

"As terrible as the disaster was I feel that NASA took every precaution necessary to prevent the disaster. I am sure NASA has many tests to prevent this from happening again."

> ET2 (SW) Jennifer Borstelmann of Athens, Texas BOOST/STA-21



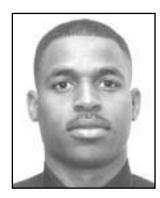


"As I am neither an astrophysicist or a NASA engineer, I do not feel qualified to recommend any changes. I, like the rest of the general population, should leave this decisionmaking to those who have the appropriate education and experience.

> Staff Sgt. Michael Furlan of Cleveland, Ohio **BOOST**

"Despite this event, our space program is the best it's ever been. I think perhaps reviewing safety precautions is an obvious exercise for all employees. But statistically speaking, greater risk is involved in driving a car to work every day."

- NC1 Muhammad Bray of Ft. Lauderdale, Fla. **BOOST** 





"No, it's just unfortunate there are risks associated with space exploration."

– OSC (SW) Tony Laffond of Orange, Mass. **Surface Warfare Officers School Command** 

"(I would) increase spending to ensure the safety of our NASA personnel. Cutting corners to save money is a fast track to a safety violation."

> — Ens. Justin Meyer of Danville, Calif. **Surface Warfare Officers School Division Officer** Course



## Bush's budget to include Navy Prep, NUWC projects

By RICHARD ALEXANDER Navalog editor

President Bush's 2004 budget request to Congress, released last week, includes almost \$27 million for construction projects at the Naval Academy Prep School (NAPS) and the Naval Undersea Warfare Center (NUWC) Division, New-

U.S. Sen. Jack Reed, D-R.I., said the two projects include a residence hall at NAPS for \$16.1 million and an undersea weapons systems laboratory at NUWC for \$10.9 million.

Congress must review the budget and make final decisions on project funding, Reed

"I am pleased to see that the President asked Congress to include these worthy projects in the FY04 Military Construction spending bill," Reed, a member of the Senate Armed Service Committee said.

tion of the significant role ing areas, supply storage BUDGET, Page 13

ing and providing troops, developing and testing weapons and ultimately defending our country, freedom and independence.'

The new NAPS bachelor enlisted quarters calls for a 105,000 square foot facility next to Perry Hall to replace outdated Nimitz Hall, built in 1964. NAPS annually prepares about 300 young men and women for entrance into the Naval Academy in Annapolis, Md.; the Coast Guard Academy in New London, Conn.; or Merchant Marine Academy at King's Point, N.Y.

frame multi-story facility of 90 modules housing 360 students. Each 2 + 2 module or "quad" will include two double occupancy sleeping areas, four personal closets and a shared head and shower area.

laundry room, mailroom, "These requests are a reflec- lounges, meeting rooms, vend-

Rhode Island plays in prepar-rooms, administration spaces, and quarterdeck or reception area.

> The building, designed with counter-terrorism construction features, will be wired for a LAN (local area network) computer system, telephones and cable TV. The usual site improvements, utilities and fire alarms are included.

> Reed said the NUWC project is a four-story masonry building for research, development, test and evaluation, life cycle support, and network integration of submarine combat systems.

"This laboratory will permit Specifications call for a steel real time, on-line capabilities for Fleet battle experimentation via satellite connections with deployed Fleet units," spokesman Gary Steigerwald, Public Affairs Officer, said.

"This will result in significant savings in both the time There will be a common and expense associated with conducting experimental and

## Officer and enlisted training aligned under single command

By DARLENE GOODWIN NETC Public Affairs Office

PENSACOLA, Fla. — The Navy's "revolution in training" is taking another step forward in the move to produce a more highly trained naval force and offer better support to Sailors. As part of the revolution, the Naval Service Training Command (NSTC) is being established to align enlisted and officer initial training programs under a single command structure.

Under the provisional standup last Friday, Commander Naval Training Center (NTC) Great Lakes became Commander Naval Service Training Command and will oversee the critical mission of turning volunteers into naval service professionals. The headquarters will remain at Naval Station Great Lakes, in the Chicago

NTC Great Lakes has historically managed basic training for enlisted Sailors, including Recruit Training, or boot camp,

while staff members at the Education and Training, Vice Corps and Officer Candidate ment and resource manage-School.

According to Chief of Naval COMMAND Page 13

Naval Education and Training Adm. Alfred G. Harms Jr., this Command headquarters in change is intended to make Pensacola, Fla., have been initial Navy training more responsible for officer acces- effective and efficient by giving sions programs such as the a single commander responsi-Naval Reserve Officer Training bility for curriculum develop-



Capt. Ruth A. Cooper

**David Sanders** NAVSTA Public Affairs Officer Ron Fontaine

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**Greg Kohlweiss** NAVSTA Public Affairs Staff Joy Christmas Richard Alexander NAVSTA Public Affairs Staff

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The Newport Navalog is printed on recycled paper

## Astronaut remembered as squadron mentor

By LT. DAVID AUSIELLO

NWC Public Affairs Staff

Naval War College student Anthony Calandra was looking forward to giving his friend, Willie McCool, "an earful" if his landing was anything less than perfect. After all, on aircraft carriers, it is commonplace for squadron-mates to give each other a hard time if their landings are anything less than perfect.

Unfortunately, when the Space Shuttle Columbia broke-up over Texas on Feb. 1, Anthony lost a lot more than an opportunity to joke around with a squadron-mate. He lost a friend, a role model and a men-

As a Navy lieutenant in the mid-90s, "Willie" McCool in Whidbey Island, Wash., where both were EA-6B pilots assigned to fantastic skill as an aviator made him a

squadron VAQ-132 and the aircraft carrier 'shoo-in.' " he said. USS Enterprise. McCool was a senior pilot in the squadron, as well as the administrative department head.

always concerned with not only his subordinates, but the squadron as a whole," Calandra said. "Everyone respected him and loved to work with him. He was very effective as a leader of other aviators and enlisted personnel."

Even though McCool did not speak much about his personal ambitions to become an astronaut while attached to the squadron, Calandra knew he had what it takes to become a member of the space program.

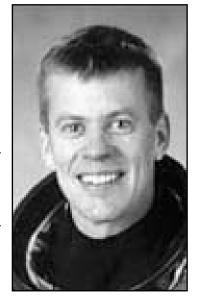
"It is a tough process to become an Calandra first met Navy Cmdr. William astronaut and NASA is very selective. Willie's remarkable intelligence and his

Calandra recalled that when McCool was set to leave the squadron for NASA, his fellow aviators gave him a gift that they Willie was a great mentor and was hoped he would never forget. Searching through his garage, Calandra found a pair of old work boots and came up with a unique idea for a present.

> "We decided to make our new 'Space Cadet' a pair of anti-gravity boots. We loaded each boot with about 5 pounds of wet cement and painted them white."

> Although Calandra was only able to keep in touch with McCool through email, he was looking forward to watching his friend land the space shuttle in front of a national audience. As soon as he turned on the television the day of the landing, Calandra knew something was very

**ASTRONAUT, Page 13** 



Cmdr. McCool

## R.I. Reserve Seabees mobilized with region

By JO2 J. HOLSTEAD, USNR Navy Information East, 102 New York

(Babe) Ruth Built" 44 'builders" from Naval Mobile Construction Battalion (NMCB) 21 Detachment 1121 in the Bronx lined the Naval Reserve Center's passageways last Saturday as they mobilized **Enduring Freedom and Noble** Eagle.

The scene was duplicated Bergenfield, N J. throughout the Naval Reserve's SEABEES, Page 13

Northeast Region, as 128 other Seabees from eight Naval Reserve Centers in upstate NEW YORK — Only a stone's New York, central New Jersey, throw from the "House that Connecticut and Rhode Island also prepared to join their shipmates from Naval Reserve Center, Bronx.

"You have to do what you have to do," said Steelworker First Class Joseph Murphy with a grin. Murphy, who manages in support of Operations ironworkers for Metropolitan Transit Authority (MTA) New York City Transit, lives in

#### IS IT TIME FOR A NEW DUTY STATION? **ARE YOU PLANNING A MOVE?**

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NAVY EXCHANGE florist Jean Fredette last Tuesday arranges new shipments of roses for Valentine's Day delivery. The Flower Shop has a variety of bouquet selections, plus the NEX is stocked with Valentine cards, candy, jewelry and other gifts for that special someone.

#### **Calvary United Methodist Church**

200 Turner Road, Middletown (Phone: 847-6181)

**Contemporary Service** 9:00 AM Sunday School for all ages 9:30 AM **Worship Service** 10:30 AM **Coffee Fellowship** 11:30 AM

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Sailor of the Year

CE2 Daniel Baldwin, Naval Station Newport Self Help, (Junior Sailor), Feb. 6, 2003

HM1 Brian Steele, Naval Healthcare New England, Brunswick, Maine Clinic, (Senior Sailor) Jan. 16, 2003

HM2 (FMF) Eric Saunders, Naval Healthcare New England, Naval Ambulatory Care Center Newport, (Junior Sailor), Jan. 16, 2003

HN James Utley, Naval Healthcare New England, Naval Ambulatory Care Center Groton, (Blue Jacket), Jan. 16, 2003



**HM2 Saunders** 

#### Qualifications

MASA John Mitchell, Naval Station Newport Naval Security Force, (Expert Shot Pistol), Feb. 6, 2003

MA3 Stephen Dowell, Naval Station Newport Naval Security Force, (Expert Shot Pistol), Feb. 6, 2003

STG3 Kenneth Sheared, Naval Station Newport Naval Security Force, (Expert Shot Pistol), Feb. 6, 2003

MA2 Timothy Dowden, Naval Station Newport Naval Security Force, (Expert Shot Pistol), Feb. 6, 2003

MA2 James Hull, Naval Station Newport Naval Security Force, (Expert Shot Pistol), Feb. 6, 2003

MA2 Bre Moaratty, Naval Station Newport Naval Security Force, (Expert Shot Pistol), Feb. 6, 2003

MS2 Broadus Brooks, Naval Station Newport Ney Hall Galley, (Expert Shot Pistol). Feb. 6, 2003

MA2 Timothy Dowden Naval Station Newport Naval Security Force, (Expert Shot Rifleman), Feb. 6, 2003

#### Navy-Marine Corps Achievement

MS2 Robert Lonergan, Naval Station Newport Combined Bachelor Housing, from Commanding Officer, Naval Station Newport, Feb. 6,

#### Good Conduct Medal

AO2 Tina Stulga, Naval Station Newport Naval Se curity Force, (second award) Feb. 6, 2003

GMC Martin Beeman, Naval Station Newport Naval Security Force, (fifth award), Feb. 6, 2003.

## 86 reservists finish NWC security course

NWC Public Affairs Office

Eighty-six reserve officers completed an intense, twoweek National Security Decision-Making course at the Naval War College last Friday.

Provost and Dean of Academics, Dr. James Giblin, presented certificates to 24 of these students who fulfilled the requirements of all three instructional two-week courses given annually at the college. These students previously completed programs in Strategy & Policy and Joint Military Operations.

"Your educational experience in Newport is increasing the awareness in all of the Armed Forces about the role reserves play in the total force," said Giblin. "Joint education is a crucial part of your training.'

For two weeks students participated as members of a graduate-level seminar devoted to the study of national security decision making from the perspective of a Joint Task Force Commander.

Topics include U.S. National Military Strategy and Force Planning; major behavioral and management control issues that influence national security; policy making; and major issues involved in choosing and programming future military forces.

Reservists who attend the program represent all branches of the armed services and come from all across the U.S.

## SWOSCOLCOM graduates 32 from Prospective XO Course

The Surface Warfare Officers School Command graduated 32 officers on Jan. 31 from its Prospective Executive Officer Course Class 196.

The graduates are:

Lt. Cmdr. Eric J. Anderson, USS Detroit (AOE 4)

Lt. Cmdr. Gregory L. Anderson, USS Rentz (FFG 46)

Lt. Gregory F. Chapman, USS Ardent (MCM 12)

Lt. Cmdr. William K. Cooke, USS Hue City (CG 66)

Lt. Cmdr. Matthew G. Fleming, USS O'Kane (DDG 77)

Lt. Cmdr. Charles R. Gillum Jr., USS Stump (DD978)

Lt. Cmdr. James P. Gompper, USS Theodore Roosevelt (CVN 71)

Lt. Cmdr. Charles P. Good, USS Fitzgerald (DDG 62)

Lt. Charles R. Grassi, USS Devastator (MCM 6)

and sound of the Beatles

Lt. Cmdr. Steven Hartsel, Com- Pearl Harbor (LSD 52) mander, Maritime Prepositioning Ship Squadron ONE

Lt. Cmdr. David D. Hebert, USS Nicholas (FFG 47)

Lt. Cmdr. Jerry P. Hupp, Commanding officer, Beachmaster Unit Two

Lt. Cmdr. Jon J. Jerge, USS Camden (AOE 2)

Lt. Cmdr. James A. Kirk, USS John S. McCain (DDG 56)

Lt. Cmdr. Grant W. Kluzak, USS Rushmore (LSD 47) Lt. Harold H. Lane Jr., USS

Grasp (ARS 51) Lt. Howard B. Link Jr., USS King-

fisher (MHC 56) Lt. Cmdr. James P. McGrath III,

USS Halyburton (FFG 40) Lt. Cmdr. Keith G. Moore, USS

McClusky (FFG 41) Lt. Cmdr. Joseph P. Naman, USS

Decatur (DDG 73) Lt. Cmdr. Heidi C. Ochs, USS

Lt. Cmdr. Edward C. Olshaw, USS Bataan (LHD 5)

Lt. Cmdr. Richard A. Radice, USS Dubuque (LPD 8)

Lt. Cmdr. Dean T. Rawls, USS Benfold (DDG 65)

Lt. Cmdr. John P. Sanford, USS Harper's Ferry (LSD 49)

Lt. Cmdr. Leonard D. Santiago, USS Peleliu (LHA 5)

Lt. Cmdr. Frank A. Scrivener III, USS Cardinal (MHC 60).

Lt. Arthur B. Short, USS Safeguard (ARS 50)

Lt. Cmdr. James G. Sires, Commander, Martitime Afloat Prepositioning Ship Squadron FOUR

Lt. Paul J. Tabaka, USS Guardian

Lt. Cmdr. Timothy R. Weber, USS Port Royal (CG 73)

Lt. Cmdr. Harold T. Workman, USS John Paul Jones (DDG 53)



BEATLEMANIA

Sat. · Feb. 22 · 9pm · Hotel Viking

TICKETS: \$15 at door or \$12 w/button

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## Variety Show

#### Saturday, February 15, 2003 6:30pm • Hotel Viking

Big Nazo is an international performance group of visual artists, puppet performers, and masked musicians who unite to create bizarre and hilarious largerthan-life sized characters. environments, and spectacles. Their innovative mask and puppetry techniques

combine stand-up comedy, Sci-Fi, Go-Go dancing, daredevil stunts, soap opera hysterics and professional wrestling with live rock and funk music and audience-interactive improvisation. A great family show, (recommended for ages five and above).

Don't miss this fabulous fun performance! Non stop

**TICKETS:** 

Adults \$12/\$8 w/button, Children \$8/\$6 w/button.

**DISCOUNT TICKETS** available at MWR or by phone 847-7666

Space limited. Tickets sold at door upon availability.



belly laughs!

#### Special events

#### African studies scholar to speak at NAVSTA event

Naval Station Newport will observe National African-American History Month with a program Wednesday, Feb. 19, at 10 a.m. in Capt. Howard N. Kay Hall.

Professor Lewis R. Gordon, chairperson, African Studies Department at Brown University will speak. U.S. Rep. Patrick J. Kennedy, D-R.I., is scheduled to attend.



The program consists

of a performance by the Navy Band Northeast's Brass Quintet and a soloist, and a poetry reading from the works of African-American and Harlem renaissance writer Langston Hughes. The celebration continues at Ney Hall galley with a special menu.

NAVSTA's observance also includes a poster display and a video of the award-winning PBS documentary, Eyes on the Prize, in the atrium of Building 690 that highlight the lives and achievements of famous African American men and women who were influential in the fields of law, civil rights, education, politics and business.

#### African American history focus of NACC observance

Capt. Ronald W. Brinkley, Commanding Officer, Surface Warfare Officers School Command, will be the keynote speaker at the Naval Ambulatory Care Center's observance of National African American History Month on Feb. 19 at 11:30 a.m. in the Deputy Commander's conference Room. The program includes an African dance presentation and samples of southern cuisine.

#### 'Active Duty Night' at Thrift Shop

"Active Duty Only Night" will be held at the Navy-Marine Corps Relief Society's Thrift Shop on Wednesday, Feb. 19, from 6 to 8 p.m.

All active duty service members are invited, but this special evening was especially planned for service members who are unable to visit the shop during normal hours of

A large stock of varied uniform items and accessories will be available, as well as a large inventory of nearly-new clothing, accessories, shoes, household items, toys, books and other merchandise, all at very affordable prices.

An active duty I.D. card is required at the door. For more information, call Dan Brenton at 841-7342

#### 61st Seabee Ball set for March

The 61st annual Newport Area Seabee Ball will be March 1 from 6 p.m. to midnight at the Newport Harbor Hotel on America's Cup Avenue, Newport.

All active duty and retired members, officer and enlisted, of Naval Construction Battalions, the Navy Civil Engineer Corps, and the Naval Facilities Engineering Command are welcome to attend.

Dress is dinner dress blues or appropriate civilian semi-

Ticket prices are \$25 for E-6 and below; \$40 for E-7 through O-3; O-4 and above, \$45; and civilians \$45. Guests are the same price as their sponsor.

The reservation deadline is Feb. 15. Call 841-6220.

## Nurse Managed Clinic opens

opened at the Naval Ambula- SPP beneficiaries. tory Care Center (NACC) Newport. The first of its kind at Clinic and offers health care and suture removal. An 841-6117/6118.

A Nurse Managed Clinic has access options for Prime and appointment with the primary

Walk-in protocols include NACC, the new clinic is located blood pressure check, sore

care manager (PCM) is not necessary; however, the PCM will be aware of your visit.

For more information, call within the Family Practice throat, urinary tract infection the Family Practice Clinic at

## Cuffy's

# Vinter Festival pecials

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February 14-23, 2003

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Located on Long Wharf Mall next to Pier I **WINTER HOURS:** 

OPEN Sunday – Wednesday 10-6 • CLOSED Monday & Tuesday

### Winter Fest opens with fireworks

Newport Winter Festival kicks off tonight with fireworks at the Atlantic Beach Club. Get ready for a week of exciting events in Newport as the Winter Festival starts up at 6 p.m. with the firework barrage.

Other events throughout the week are the ice sculpting contest at Bowen's Wharf, a Chili Cook-Off, Bellevue Cadillac, Hayrides, a children's fair, and a polar bear plunge to name a few. The winter festival is a city-wide event. For more information call 847-7666.

On Thursday, Feb. 20, the U.S. Air Force band of Liberty will perform at 6 p.m. at the Newport Marriott. The 20piece band is based at Hanscom Air Force Base in Bedford, Mass.

#### **TODAY, February 14**

- Lunchtime BINGO, at the Recreation Center, Building 656. Noon to 1 p.m. Also Thursdays.
- Fitness Equipment Orientation, FITNESS Plus, Building 355, 8, 9 and 10 a.m. Also, Wednesday and Friday mornings. Call 841-1474.
- Soup kitchen at Martin Luther King Center Center welcomes military volunteers, 8:30 a.m.
- Morale, Welfare and Recreation Department, Valentine Day Fun Run and Walk, Gym 109, 11:30 a.m.
- Soup kitchen at Salvation Army, Memorial Boulevard, welcomes military volunteers, 5 to 5:45 p.m.
- •Recreation Center the following movies are shown upon request beginning tonight: My Big Fat Greek Wedding (PG) and Brown Sugar (PG-
- Valentine's Dinner Dance. Atlantic Beach Club, 7 p.m., 847-0514.

#### SATURDAY, Feb. 15

- Bowen's Wharf ice sculpting contest. Newport Winter Festival event. 9 a.m. to 2 p.m., 849-2120.
- •Chili Cookoff, Newport Winter Festival event, Newport Harbor Hotel, 11 a.m. to 4 p.m.
- Big Nazo variety show, Newport Winter Festival event. Hotel Viking. 6:30 p.m.
- · Seal watches, Rose Island Lighthouse, 10:30 a.m. and 11:30 a.m.. 272-3540 ext. 133.
- Soup kitchen, Community Baptist Church, welcomes military volunteers, 4:30 p.m.
- Winter live music, Clarke Cooke House, 849-2900.
- Bellevue Cadillac Rocks Bellevue Avenue, Newport Winter Festival event, Belcourt Castle, 8 p.m. to midnight, 846-0669.

#### SUNDAY, Feb. 16

• Chapel of Hope worship ser-



OFF WITH A BANG — The 15th annual Newport Winter Festival, a weeklong celebration of concerts, food, and adult and children's activities, will open with fireworks tonight at 6 at tin Luther King Center, Atlantic Beach Club, Middletown. Full story, Page 9.

- Catholic mass, 9 a.m. and noon - Protestant services, 8 and 10:30
- Sunday Bowling, Seaview Bowling Lanes, Building 656, \$7 per per-
- son, two-person minimum per lane. · Children's Fair, Newport Winter Festival event, Newport Marriott, 11 a.m. to 5 p.m.
- Children's Medieval Winter Festival, Belcourt Castle, noon to 5 p.m.,
- · Seal watches, Rose Island Lighthouse, 11 a.m. and noon, 272-3540
- Winter Tour and Tea at Inns and Bed and Breakfasts, 1 to 3 p.m., 847-
- Soup kitchen, Salvation Army, Memorial Boulevard, welcomes military volunteers, 4 to 4:45 p.m.

MONDAY, Feb. 17

- · Presidents Day, federal holiday.
- Armed Services YMCA, closed for Presidents Day.
- Fitness Walk and Tone, 8 to 9 a.m., Gvm 109.
- · Children's Fair. Newport Winter Festival event, Newport Marriott, 11 a.m. to 5 p.m.
- Intermediate Weight Training for Women, 9 to 10:30 a.m., \$10 per per-
- · Soup kitchen, Martin Luther King Center, welcomes military volunteers, 8:30 a.m.
- Great Backyard Bird Count. Norman Bird Sanctuary, 9 to 11 a.m.,
- Narragansett BayStation Kids' Days, Save The Bay's Narragansett BayStation, 10 to 11 a.m. and 2 to 3 p.m., 272-3540 ext. 133.
- Soup Kitchen, St. Joseph's Church, welcomes military volunteers, 11:30 a.m.
- · Seal watches, Rose Island Lighthouse, noon and 1 p.m., 272-3540
- Winter Vacation Programs, Newport Art Museum, 848-8200.
- Ghost Tours, Belcourt Castle, 5

p.m., 846-0669.

Soup Kitchen, Channing Church, welcomes military volunteers, 5 p.m.

#### TUESDAY, Feb. 18

- Armed Services **YMCA**
- Fitness Hour, 9 to 10:30 a.m.
- Strip Quilting, 9 a.m. to noon.
- Animal Experience, 11 a.m. to noon.
- Kids Sewing No. 3, 3:30 to 5 p.m.
- · Fitness Walk and Tone, 8 to 9 a.m., Gym 109. \$5 for five weeks! Call 841-3154.
- Intermediate Weight Training for Women, 9 to 10:30 a.m., Gym 109. \$10 per person. Call 841-3154.
- Soup kitchen, Mar-Marcus Wheatley Boulevard, welcomes military volunteers, 8:30 a.m.
- Winter Vacation Camp, Norman Bird Sanctuary. Third Beach Road. Middletown, 9 a.m. to 3 p.m., 846-
- Narragansett BayStation Kids' Days, Save The Bay's Narragansett BayStation, 10 to 11 a.m. and 2 to 3 p.m., 272-3540 ext. 133.
- Winter Vacation Programs, Newport Art Museum, 848-8200.
- Preparing for a Job Fair, Fleet and Family Support Center, 11:30 a.m. to 1 p.m., 841-2283.
- Seal watches, Rose Island Lighthouse, 12:30 and 1:30 p.m., 272-3540

- Soup kitchen, United Baptist Church, Marlborough Street, welcomes military volunteers, 5 p.m.
- Ghost Tours, Belcourt Castle, 5 p.m., 846-0669.
- · Officers' Club movie night, at 6 p.m., Simone (PG-13); at 8 p.m., The Ring (PG-13).
- Great Decisions 2003, "International Food Wars: Growing Controversies," Newport Public Library, 7 p.m., 848-0550.

#### WEDNESDAY, Feb. 19

- Armed Services YMCA:
- Parents' Time Out, 9 a.m. to noon.
- Denim Divas, 9 a.m. to noon.
- Kids Sewing No. 3, 3:45 to 5:15
- Soup Kitchen, Martin Luther King Center, welcomes military volunteers, 8:30 a.m.
- Winter Vacation Camp, Norman Bird Sanctuary, 9 a.m. to 3 p.m., 846-
- Narragansett BayStation Kids' Days, Save The Bay's Narragansett BayStation, 10 to 11 a.m. and 2 to 3 p.m., 272-3540 ext. 133.
- Winter Vacation Programs, New port Art Museum, 848-8200.
- · Soup kitchen, United Baptist Church, Spring Street, welcomes military volunteers, noon.
- Seal Watches. Rose Island Lighthouse, 1 and 2 p.m., 272-3540 ext.
- · Preschoolers with Parents. Norman Bird Sanctuary, 1 to 2 p.m., 846-
- Winter Tour and Tea at Inns and Bed and Breakfasts, 1 to 3 p.m., 847-

- Balloon Animals to Celebrate Mardi Gras, Newport Public Library, 2 p.m., 847-8720 ext. 204.
- Ghost Tours, Belcourt Castle, 5 p.m., 846-0669.
- · Soup Kitchen, Newport Congregational Church, welcomes military volunteers, 5 p.m.
- "You Can Teach Any Dog and Cat New Tricks," Potter League for Animals, 6:30 p.m., 846-8276.

#### THURSDAY, Feb. 20

- · Soup kitchen, Martin Luther King Center, welcomes military volunteers, 8:30 a.m.
- The Ambassador Big Band, component of the Air Force Band of Liberty. Newport Winter Festival event. Newport Marriott Atrium, 6 p.m.
- Winter Vacation Camp, Norman Bird Sanctuary, 9 a.m. to 3 p.m., 846-
- · 15TH annual Nacho Tasting, Newport Winter Festival event, Brick Alley Pub, 11:30a.m. to 4 p.m.
- · Narragansett BayStation Kids' Days. Save The Bay's Narragansett BayStation, 10 to 11 a.m. and 2 to 3 p.m., 272-3540 ext. 133.
- Winter Vacation Programs, Newport Art Museum, 848-8200.
- · The Credit Process, Fleet and Family support Center, 11:30 a.m. to 1 p.m., 841-2283.
- · Seal watches, Rose Island Lighthouse, 1:30 and 2:30 p.m., 272-3540 ext. 133.
- Soup kitchen, St. Paul's Church, welcomes military volunteers, 5 p.m.
- Ghost Tours, Belcourt Castle, 5 p.m., 846-0669.
- "Ruskin's Journey: Teaching People to See," Rosecliff, 6 p.m., 847-1000 ext. 160.

FREE CONCE



Thursday, Feb. 20 • 6pm • Newport Marriott Atrium

## We can help prepare you for Job Fair 2003

ter will help you Preparing for a Job Fair for individuals who will act as sponsors encouraged to participate. Call 841at its workshop Feb. 18, from 11:30 a.m. to 1 p.m.

It is designed to make your time at Job Fair 2003 on April 21 as productive plays such a vital role in the sponsor Thursday, Feb. 27, from 7 to 9 p.m., and mortgages and other financial options. as possible. Find out what to

expect at the job fair; what to bring; and what to wear.

For more information or to register, call the Fleet and Family Support Center at 841-2283.

#### Fleet & Family **Support Center**

Checkbook balancing—A representative from the Navy Federal Credit Union will provide the "ins and outs" of checkbook balancing at the Fleet and Family Support Center on Tuesday, Feb. 18 from 4 to 5:30 p.m. and again Feb. 25 from 11:30 a.m. to 1 p.m.

Learn how to attain your financial goals by transforming your checkbook into a personal financial planning tool. Hear how you can reduce your checking account fees, avoid bouncing checks, better manage your cash flow, and safeguard yourself and your money. For information and to register for this workshop, call 841-2283.

The credit process— Bring your lunch to the Fleet and Family Support Center on Thursday, Feb. 20, from 11:30 a.m. to 1 p.m. A representative from the Navy Federal Credit Union will present information on establishing credit, correcting credit problems, and rebuilding good cred-

Learn about the importance of a credit report, as well as how to read and understand them.

Registration is required. call 841-2283.

**Sponsor training** — This training will be held at the Fleet and Family Support Center on Tuesday, Feb. 25, from 9 and 10

#### Birth

Maegan Maria Farley Hernandez, daughter of Senior Chief Dental Technician R. M. and Michelle Hernandez of Middletown, was born Jan. 5, 2003, at Newport Hospital. She weighed 8 pounds, 2 ounces and was 20 inches long at birth.

Senior Chief Hernandez is on staff at Naval Dental Center Northeast.

The Fleet and Family Support Cen- a.m. It provides valuable information program, all spouses are invited and learn about your options and decipher or department representatives select- 2283 to register. ing sponsors.

**Homebuyers' workshop** — Come to Because the military spouse also the Fleet and Family Support Center on hear first-hand about qualifications for

real estate lingo.

You will meet with a representative from the Navy Federal Credit Union to

## If it runs... Catch it with a low-rate loan from Navy Federal!

**New auto loans** as low as

New motorcycle loans as low as

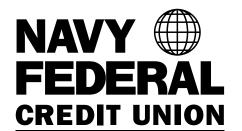
**New boat loans** as low as



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for a low-rate loan for your next car, motor-

cycle or boat. Loan rates are down—good deals are up! Get the dealer's rebate AND a great loan rate. At Navy Federal, you'll get both. It's the perfect time to buy-and to finance your purchase with a low-rate loan from Navy Federal.





Check our low loan rates and get preapproved at www.navyfcu.org, call 1-800-336-3333 or stop by a member service center.

f Annual Percentage Rate. **Rates subject to change and term restrictions**. Navy Federal Credit Union can serve most active and retired Navy and Marine Corps military personnel, Department of the Navy civilian employees and their families. Federal law generally prohibits federal credit unions from serving nonmembers. 10479 (10-02)

## Ice rescue teams practice 'dunks'



SNUG FIT— Naval Station (NAVSTA) Newport EMS/firefighter Laird Worsham, left, and driver/operator Dave Souza, center, help fire captain Joseph Simao into his cold weather survival suit at Melville Pond, Portsmouth.

By RICHARD ALEXANDER

Navalog editor

PORTSMOUTH — The Naval Station (NAVS-TA) Newport Fire Department was out sledding late last month, but it wasn't on fresh fallen snow at their favorite hill.

All engine and ladder companies in the department practiced on frozen Melville Pond with an 88-pound pontoon sled called, "Rescue Alive," on how to rescue someone who has fallen through thin ice. The drill is required as part of annual cold water rescue training.

The sled, manufactured in Worcester, Mass., can be maneuvered through snow, over ice and slush, and float in the water like a boat. The men dress in extreme cold weather survival suits they nickname "Gumby" suits.

The rescue teams chop a hole in the ice, then take turns playing the victim and rescuers. The 22-square-foot sled is filled with Styrofoam and designed to keep 600 pounds afloat. It can easily bring the rescuer and two victims back to shore at once.

Assistant fire chief Tim Kerrigan said the department didn't have to worry about thin ice

"It's about 10 to 12 inches thick out in the middle of the pond," he said. "Actually, I wish there was more slush and water to practice it. This is almost too easy."

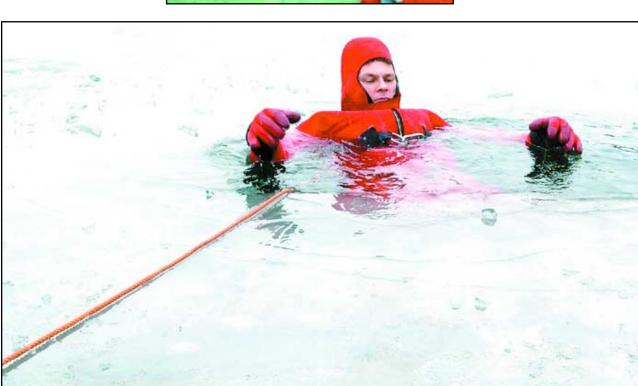
On Jan. 31, firefighter Paul Paquette, fire captain Walt Costa and driver/operator Dalpe Dave of Station 2, Building 10; and driver/operator Dave Souza and firefighter/EMS Paul Lanciault of Station 3, Building 55; practiced at Melville Pond. Before suiting up, Costa, Paquette and Dave watched a video at Station 48 from Dive Rescue International, Inc., on the operation of the sled.

They learned the rescue team must first assess the ice conditions, the victim's condition, the manpower available, and what rescue equipment is available.

Costa said the sled and survival suits are stored at Melville because it is the closest station to the ponds which abut Navy Family Housing on Stringham Road.

"We've been doing the drills all week long, for both the A and B shifts," driver/operator Dave, a 24-year civil servant, said. "I've been through this several times, so I know the routine.

Scott Peterson, a spokesman for Dive Rescue International, said the company has been manufacturing the \$3,000 "Res-Rhode Island and Connecticut.



FIRE CAPTAIN Walt Costa of Fire Station 2, taking his turn as the victim, floats in the ice hole in Melville Pond waiting for his rescue.



MANNING THE LINES to pull the rescue sled ashore are, from left, driver/operator cue Alive" sleds since 1994. Several have Phil Douglass, EMS/firefighter Timothy been sold to fire departments across Martin, fire captain Joseph Simao and EMS/firefighter Michael Jaques.



ALL ABOARD — EMS/firefighter Paul Lanciault, top, pulls Costa aboard the 'Rescue Alive' sled and secures the Velcro

Ron Fontaine/U.S. Navy photos



CRUNCH TIME — The Coast Guard cutter Willow plows through ice floes in the Hudson River, New York, last month in a diversion from its usual mission. The waterway needed to be cleared of ice for critical coal and heating oil deliveries up river.

## Icemen cometh on buoy tender

Cutter Willow clears shipping lanes up Hudson River in New York

By ENS. JAMES McCORMACK USCG Cutter Willow PAO

The Coast Guard cutter Willow, homeported at Naval Station (NAVSTA) Newport, late last month deployed on a mission to fight a different sort of adversary: Old Man Winter.

Willow was preparing for local oil spill containment drills when it received tasking to break thick ice up the Hudson River in New York. Willow arrived in New York Harbor about 8 a.m. on Jan. 27 and broke ice north between Manhattan and Kingston, N.Y., until Feb. 1.

She was eventually relieved by the Coast Guard cutter Juniper, also homeported at NAVS-

The largest ice concentrations were found near West Point, N.Y., home to the U.S. Military Academy. The stretch of river, known as "World's End," had ice build-ups of almost 12 inches.

The ice, from bitter cold weather in January, created a significant obstruction and hazard to the crucial tug and barge traffic that frequents

Commercial shipping traffic relies on the river to ferry large quantities of coal, home heating oil, and other economic necessities from New York Harbor to Albany, N.Y.

This year the ice build-up was more significant than in recent years and Willow was deployed to assist local Coast Guard units with keeping the navigable waterway open to

Willow's hull construction allows for a maximum ice breaking capability of three feet of ice at 3 knots, well beyond the capacity of the local Coast Guard units in the New York region.

Willow's primary mission is servicing short range Aids



THE CUTTER Willow approaches the Tappanzee Bridge across the Hudson as the ship sends huge cracks through the

to Navigation (ATON), namely ocean buoys. As such, this was the first ice breaking patrol for the majority of the

Though most would assume that ice breaking is a painfully boring operation, the crew found that the sound of the ice exploding under the weight of the hull or watching cracks in the ice run to shore to be surprisingly entertaining. The Hudson is also home to seemingly hundreds of American bald eagles.

The trip not only provided an opportunity for Willow to be part of a critical Coast Guard mission, but gave the crew a change of routine.

## Let's shake winter blues at Festival

**By JOY CHRISTMAS** 

NAVSTA Public Affairs Staff

It's the dead of winter, and frosty outside. But those are just the right elements to get out of hibernation for the 15th annual Newport Winter Festival, today through Feb 23.

Coinciding with the school winter vacation, the citywide festival offers more than 150 affordable, fun family events that are sure to cure the winter blues.

The nine-day festival kicks off with fireworks tonight at 6 at the Atlantic Beach Club. Middletown.

Some of the activities throughout the week include the Big Nazo Variety Show, an ice sculpting contest and a chili cookoff, a children's block hunt at the beach, and a medieval festival at Belcourt Castle on Bellevue Avenue.

Other family favorites include scavenger hunt, s n o w m a nbuilding contest, and a sand/snow sculpture contest.

An exciting musical lineup is scheduled., including a free performance Ambassador Jazz Ensem- THE Feb. 20, 6 tival. p.m., at the



**AMBASSADOR** ble of U.S. Air Jazz Ensemble will per-Force Band form Feb. 20 as part of of Liberty, on the Newport Winter Fes-

Newport Marriott Atrium.

Others include the popular BeatleMania; The Chris Fitz Band; Bellevue Cadillac; Matthew Quinn and Friends; and a Tribute to Fleetwood Mac.

For a complete list of activity/event descriptions and costs, call 847-7666, or visit www.newportwinterfestival.com.

Newport Winter Festival buttons, at \$6 each, are good for free or discounted admissions to numerous events/activities, and specials at participating restaurants, merchants. They are available at Ticket Connection, Building 656, Naval Station Newport.

Ticket Connection also has advance discount tickets to several of the festival's premiere events.

Call 841-3116 for more information.

The Officers' Club is still serving lunch, nightly specials and a limited pub menu while portions of the facility undergo renovations.

All events will take place in the Constellation Room on the first deck of the club. Every effort will be made to keep customers informed of closures or relocations due to the renovations. Thank you for your patronage and we look forward to serving you in a newly renovated facility later

**Today:** Lunch, 11 a.m. to 1:15 p.m., Constellation Room, first deck, buffet-style selections.

**Tonight:** Kick off the weekend right with complimentary hors d'oeuvres in the Pub in the Constellation Room, every Friday from 5 to 7 p.m. As always, you can order your favorite beverages or something from the pub menu, available until one hour before closing.

**Saturday:** The Pub in the Constellation Room, (first



PATRICK'S DAY is around the corner, so celebrate at the Officers' Club on March 15 with fine dining and dancing to the sounds of The Shananagans. More information this

menu available until one hour before closing.

#### **Upcoming Events:**

Advance tickets may be required for the following events. Gratuity is included in deck) opens at 4 p.m. Full pub all tickets prices and there is

Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or Master-Card.

**March 15:** Everyone is Irish on St. Patrick's Day, so come and celebrate a wee bit early with tickets to this evening of fine dining and dancing to the sounds of The Shananagans at the Officers' Club on Saturday,

with "Blarney" beer cheese and "O'Malley" crackers along with a cash bar — so, why not hoist a pint of Guinness?

Next, enjoy a crock of hearty Dublin split-pea soup, shamrock salad, Irish soda bread, an abundant, all-you-can-eat Irish buffet including corned beef and cabbage, Irish stew

for your complimentary, individually made Irish coffee created with Old Bushmill's Irish Whiskey and Bailey's Irish Cream. Decadent desserts are also included in this marvelous March event!

Don't worry, you can splurge, since you'll be kicking your heels up to the energetic tunes of The Shananagans 'til the wee hours of the morn!

Tickets must be purchased The evening begins at 6 p.m. in advance and cost just \$22.95 each, including gratuity. Order by phone (Visa/MC only) at 846-2515 or visit the O'Club Gift Shop today!

#### Enlisted Lounges (Recreation Center, Building 656, phone 841-3054)

New hours of operation: The EM Club is open 11 a.m.

no charge for children age 3 and more! Top it all off with a to 11 p.m., Monday to Saturday and under at special events. visit to our Irish coffee station and from noon to 8 p.m. on Sunday. The CPO Lounge is open 4 to 9 p.m. Monday-Thursday, 4 to 11 p.m. on Friday and by request on the weekend.

> Today: Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New Englandstyle clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

**Tonight:** Unwind after work at the Recreation Center with a complimentary hors d'oeuvres buffet from 5 to 7 p.m. Or, enjoy a delicious fish and chips dinner from 5 to 8 p.m. for just

Fish and chips are available for take out; no home delivery.

#### Ticket Connection

#### Breathe at R.I. Flower Show

The MWR Ticket Connection, Building 656 is pleased to offer patrons a chance to get an early glimpse of spring with tickets to the 10th annual Rhode Island Spring Flower Show.

This year's show takes place Feb. 20-23 at the Convention Center in Providence and will feature more than 30 display gardens and vignettes, a garden marketplace and bookstore, special children's activities and a multitude of demonstrations and work-

Show hours are 10 a.m. to 9 p.m. Thursday through Saturday and 10 a.m. to 6 p.m. on Sunday. Tickets are \$12 each (door price is \$14) and may be used on any one day of the show. Only a limited number of tickets are available, so purchase yours today!

For more information, call the Ticket Connection at 841-3116.

#### NUWC offers travel deals to MWR

The Naval Undersea Warfare Center morale, welfare and recreation division has invited all authorized patrons of the MWR Ticket Connection to participate in the following tours. Information packets on each trip are available at the Ticket Connection in Building 656.

Tour of Ireland, escorted 12-day tour departs May 13, \$2,049, per person, double occupancy (ppdo)or \$2,419 single occupan-

Contact Susan Maloney at 832-4236 or Doris Carvalho at 832-5798 for details.

Western USA tour, June 14-25, \$1,449 ppdo or \$1,969 single. Contact Doug Moorcroft at 832-8108 for details.

Alaskan cruise, seven nights with an optional land package, inside cabins, \$1,869 ppdo, or \$2369 single; balcony cabins, \$1,989 ppdo, or \$2,969 single occupancy.

Contact Russell Schrader at 888-218-1784 or 860-376-8074 for

## WINTER FESTIVA

The Newport Daily News & FIRSTFED

Radio Disney's

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11:00am • Radio Disney AM550

howling for more!

11:15am • Silly Willy The almost

12:00pm • The Stupendous

Mr. Magic Head accompanied by his dwarf rabbit Lulu, Mr. Magichead

stirs up a whirlwind of energy, silliness and trickey that leaves the audience

1:00pm • Radio Disney presents Devine Love a new R&B sensation...

2:30pm • Angela Rose

Clark & Chelsea Fruci.

13 yr. old singing sensation Angela Rose performs with dancers Ashley

3:30pm • Hip-Hop with T3 Fitness

**Devine Love** a new R&B sensation... the sound of today and the voice of tomorrow.

1:30pm • Rain Forest Reptiles Live

**Show** Don't miss this fun and educational

famous clown, delights children with his antics

Sun., Feb. 16 & Mon., Feb. 17

**Newport Marriott Hotel** • 11am-5pm

2 Fun-Filled Days of Activities & Live Entertainment!

#### Sunday's Live Entertainment: Monday's Live Entertainment:

11:00am • Radio Disney AM550

11:15am-12:15pm • Danoe the Clown Vaudeville show Juggling & vaudeville slapstick

12:30pm • Radio Disney presents Devine Love this new R&B sensation combines the talent of 3 young ladies who all bring something different to the table. Devine Love is definitely the sound

of today and the voice of tomorrow 1:00pm • The Toe Jam Puppet Band A unique combination of original songs, masterful shadow puppetry, and storytelling

2:00pm • Rain Forest Reptiles Live Show emo with snakes and a

3:00pm • Singer Angela Rose Amazing 13 yr. old Angela Rose sings popular country tunes, hit pop songs and her own songs. She performs with guest dancers Ashley Clark & Chelsea Fruci

3:45pm • Gymnastics Demonstration with

#### **ONGOING BOTH DAYS:**

Ron Sargent Remarkable balloon artist. Literacy Volunteers: Arts, crafts, face painting Face Painting by Renatta
Arts & Crafts with Top Shelf Foundation
Origami Learn Japanese paper folding technique
Yoga for Kids

4:30pm • Radio Disney Games, contests, prizes!

4:30pm • Radio Disney Fun & games including Parent Pucker, Stacking Contest, Jump Freeze & Ultimate Hot Potato ...with prizes that rock! Non-Stop Family Fun...Don't Miss It!

"Just For Fun" will have Spin Art, Sand Art, & A Moonwalk Refreshments

available from Newport Marriott

Tickets Available at the Door • Adults & Kids \$4/82 with Festival Button







#### Leisure

#### Bowling (Building 656, 841-4293)

Seaview Lanes fall/winter hours of operation

Monday, 5 to 9 p.m.; Tuesday through Friday, 5 to 10 p.m., Saturday and Sunday, 1 to 7 p.m. Every other Saturday night, 8 to 11 p.m. for Rock 'n

#### **Specials:**

- Rock and Bowl: Every other Saturday night beginning at 8 p.m. Cost is just \$7 per person. Bowl a strike when the head pin is red and you will win a prize! It's rocking, it's rolling, it's bowling and it's a blast! The next Rock and Bowl night is, Feb. 22.
- Sunday special is \$7 an hour from 1 to 7 p.m. for two
- Bowling birthday parties available Saturdays and Sundays and include reserved lanes with or without bumpers. A party table with chairs is also included. Cost is just \$5 for each child, including shoe rental.
- Bumper bowling is always available.

#### Special fitness activities (Gym 109, 841-3154)

- Valentine's Day fun run: Come out and join your military and civilian personnel at the "Valentine's Day Fun Run and Walk" today. The threemile run and one and a half mile walk will begin at Gym 109 and take you around Coasters' Harbor Island.

The race will start at 11:50 a.m. The event is open to all active duty, retirees, reserve

all family members.

Participants under age 18 must have written parental consent (on form available at Gym 109). Water will be provided following the event. Register at Gym 109 Monday through Friday, 9 a.m. to 5 p.m., or at the event. For more information, call 841-7196.

-Basketball Tournament at Gym 109: Get your team together and get ready to shoot some hoops at Gym 109's basketball tournament on Friday and Saturday, Feb. 21 and 22. Games begin Friday at 5 p.m. The tournament is open to all eligible patrons and there is a will win and prizes will be \$15 per team fee for military and a \$30 per team fee for

Pre-register your team at Gym 109, Monday through Friday from 9 a.m. to 5 p.m., by Feb. 19. There will be an informational meeting Friday, Feb. 21 at 4:30 p.m. in Gym 109. For more information, contact Jim Gauch at 841-7196.

-Racquetball/Squash Tournament: Beginning Feb. 24, MWR will sponsor a racquetball/squash tournament at Gym 109.

The tournament is open to intermediate and advanced adult players (18 and over) and will run through Friday, March 21. There will be male and female divisions as well as open and recreational divisions. Military may participate at no charge and DoD civilians may enter for just \$5.

The registration deadline is Feb. 19. Prizes will be awarded for top players in each category. There will be an informational meeting Friday, Feb. 21

personnel, DoD civilians and at 4:30 p.m. in Gym 109. To register or for more information call Gym 109 at 841-7196. -Push yourself to the limit at Gym 109's Endurance Challenge, taking place on Thursday, Feb. 27!

The competition will run continuously from 8 a.m. to 6:30 p.m. and is open to men and women, ages 18 and over.

The winner in each of the following divisions, men's and women's 18-25, 26-32, 33-40 and 41 and over will be the person who completes the most push-ups and sit-ups in perfect form.

The highest combined total awarded to winners in each of the divisions. Registration will take place the day of the competition. For more information, call Gym 109 at 841-7196.

#### Aerobics/ exercise

#### (FITNESS Plus, Building 355, 841-1474)

Current hours of operation are Monday to Friday, 5 a.m. to 7:30 p.m.; closed weekends and holidays.

The winter schedule of group fitness classes is now in effect and includes new classes such as Pilates, incorporating exercises for core muscles and lengthening stretches; Yoga, trekking and cardio-kickbox-

The schedule still contains a good variety of cardiovascular, toning and circuit training classes which are offered throughout the day. There are even special, Fitness Enhancement Programs geared toward the military.

## Officer Spouse Club offers scholarships

Applications are now available for the annual scholarships sponsored by the Newport Officer Spouse Club.

The scholarships are open to all high school seniors who are dependents of active duty, retired with pay or deceased while on active duty or retired status members. These scholarships are open to dependents of both officer and enlisted ranks of all service branches.

Eligible students must live in the state of Rhode Island.

scholastic ability and accom-

plishment, good character, school and community involvement and certainty of admission to an accredited institution of higher learning or vocational/technical train-

Applications are available from area high school guidance departments and the Navy Fleet and Family Support Center, Naval Station, Npt.

Completed applications must be received by the committee no later than April 11, 2003. For further information Selection will be based on contact Maureen Covell at 423-



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#### TRICARE corner

## There is relief for arthritis pain

tary Health Services, Inc., (SMHS) the TRICARE administrator for TRICARE Northeast, presents this information courtesy of the National **Institute of Health.** 

As the body ages, pain and stiffness in joints can become more prevalent. Often, the pain caused by this condition, known as arthritis, can be reduced with exercise and medication.

The most common form of

EDITOR'S NOTE: Sierra Miliarthritis, osteoarthritis, usually occurs with age and affects the fingers, knees and hips. Medication may be administered in this case, but gentle stretching, ice packs and plenty of rest for the sore joint can also reduce pain. Exercise and watching your weight may keep arthritis from worsening.

healthcare Visit your options if you think you may develop or currently suffer from arthritis.

If you have questions about arthritis, call the 24-hour **Health Care Information Line** for help. The line is staffed by Registered Nurses who can help you determine the nonemergency or self-care you need in the proper setting and can provide information on health issues.

Call 1-800-308-3518 anyprovider to discuss your time, day or night to speak to a nurse or to access the Health Information Library (Pin No.



PHC (AW) Jon Hockersmith/U.S. Navy photo

GUARD DUTY — Navy Prep's Calvin White, left, tries to pass around a St. Thomas More defender on Feb. 3 at Gym 302. The visitors beat NAPS, 93-61. On Feb. 5, NAPS traveled to Tabor Academy and came up short again, 68-56.

## R.I. golfer Faxon visits subs

PEARL HARBOR, Hawaii Open, the first two events on Hawaii. (NNS) — Professional golfers Rich Beem and Brad Faxon, of Barrington, R.I., recently visited USS Key West (SSN 722) for Cmdr. Howard Warner, execua firsthand look at an attack tive officer, the crew was proud beautiful atmosphere, the submarine..

Beem and Faxon were the submarine. among the many professional golfers who flew to the island first-time experience for both astonishing about our service of Oahu for the Mercedes men, and according to Faxon, members, past and present, Championships and Sony it was a highlight of his time in who serve here.'

the 2003 PGA Tour.

**USS Key West Sailors hosted** the visit, and according to Lt. tournaments has many advanto show the golf pros around island has a rich naval history,

"Coming to Hawaii for the tages," said Faxon. "Besides the and each time I come out, I Touring a submarine was a learn something new and

#### Intramural basketball

The Naval Station Newport Intramural Basketball League results for Week 1 ending Feb. 7 follow:

#### 18 and over Feb. 3

SWOS def. Brewers, 50-41 NACC def. REDCOM, 46-20 Navy State def. Rockwilderz, 77 - 36

#### Feb. 5

REDCOM def. PWT, 41-36 Mavericks def. NACC, 75-42 Rockwilderz def. JAGs, 60-51 Navy State def. Bulldogs, 62-41

#### Feb. 6

Bulldogs def. SWOS, 51-49 Mavericks def. JAGs, 72-48 Brewers def. PWT, 44-32

#### Standings

Navy State.....8-0 Grumpy Old Men.....0-

Mavericks	6-1
SWOS	5-2
NACC	5-3
Bulldogs	4-4
Rockwilderz	
JAGs	
Browne	

#### 35 & Over

PWT...... 0-6

Feb. 4 Nothing But Net def. NACC, 46-41

No.1 Draft Picks def. CNW, 55-

NWC Juniors def. Grumpy Old Men, 61-40

#### **Standings**

Otarianigs		
NWC Juniors	4-0	
Nothing But Net		
No. 1 Draft Picks		
CNW	2-2	
NACC	1-3	
Grumpy Old Men	0-4	



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## Military Discount

single or double, plus tax Valid Sunday thru Thursday Special Events & Holidays may be higher Offer valid 01/1/2003 thru 03/27/2003



**Newport Daily News Carriers** Earn more than money 849-3300

All hands are invited to anniversary of the Chapel of Hope at Naval Station (NAVS-TA) Newport on Sunday, Feb. 23 at 3 p.m.

The guest speaker at the special worship service will be retired Capt. Herbert Bolles, CHC, command staff chaplain when the Chapel of Hope was dedicated on Feb. 12, 1978.

Among those invited to commemorate the 25th commemorate the focal point for ministry, pastoral care, worship, religious education and stewardship for the local military community over the past 25 years, are more than 25 chaplains (some still active, others retired) who served at the Chapel of Hope.

A reception will follow in the chapel fellowship hall.

#### Seabees

Continued from Page 3

His upbeat and focused attitude was typical of other Seabees throughout the Bronx facility as he and his NMCB DET 1121 buddies navigated through the mobilization process, filling out paperwork, getting last minute shots and making small talk as they answered their country's call to join the war on terrorism.

The scene was the same in Syracuse, N.Y., as 20 Seabees said their final goodbyes. "The further we get from Sept 11th, the more people forget about what happened," said Petty Officer James Donnelly from Syracuse. "I just want to get over there and do what I have to do to prevent something like that happening again."

While anticipation of the job ahead was palpable, so, too, were concerns for family and loved ones they would be leaving behind. "We just moved to New Jersey and my family and I don't know many people yet, but the ombudsman program is a great relief because it provides an instant network and access to the greater Navy fam-

Murphy and his fiancée have two children, Emily, 2, and Connor, age 1.

In Rochester, N.Y., Company Commander Kenneth Weaver knows that his battalion is happy to serve, but of course, they will miss their families. "Some people just got married this week, and now they are going to deploy.'

Engineering Aide Second Class Jose Prieto of Bellerose, N.Y., a firefighter with Tower Ladder 144, faces uncertainty at work each day. He had advice for his fellow Reservists:

"Love your family, spend as

much time with them as possible, and if there's an outstanding issue, take care of it now to ensure smooth sailing."

Mechanic Maintenance Bryce Bills had to leave his new wife and 2-vear-old son behind, but he knows that his family is prepared. "It's going to be hard, definitely, but I think I prepared everyone as much as I can.'

Despite the hardships they face, many also looked at the potential positives that could come out of their recall. The mobilization will be good for my Navy career, as I will have the opportunity to make chief while deployed," Murphy said.

Cmdr. J. Paul Martirano, Commanding Officer of NRC Bronx, echoed that sentiment. "some of our Sailors might feel a bit sad or anxious, but when it's all over, they'll probably say that it was one of the best experiences of their lives."

For Martirano, who is responsible for overseeing the training and readiness of nearly 1,000 Sailors in the 10th largest Naval Reserve Center in the country, the group is the Newport, R.I. largest he has had to mobilize to date. "We've had a number of individual recalls on a regular basis since September of 2001, but this is the biggest single group we've processed," he said.

Embodying the mobilization's tempo, and obviously up to the Seabees "Can Do" spirit, Construction Mechanic Second Class Matt Eifler of Baldwin, N.Y., summed it up for the group: "I know I'm coming back, and I know I'm going with the best!"

### **Budget**

Continued from Page 2

and development work currently performed with scarce operational Fleet submarine assets."

The President's total defense budget is \$379.9 billion, up from \$364.9 billion this year.

eral Dynamics' Electric Boat Divi- move into two per year in 2007sion in Groton, Conn., and North 09.

Kingstown; and Newport News Shipbuilding, Newport News, Va. Four submarines are contracted, with the lead boat to be delivered in June 2004.

By cutting spending in other It includes \$2.6 billion for one areas, the Navy has budgeted to Virginia class attack submarine buy one Virginia class submarine under a contract secured by Gen- each year through 2006, and then

#### Command

Continued from Page 2

ment for the Navy's initial training programs. The change will also enable the sharing of best practices and allow for the consistent application of training policy across all programs.

"In the past, there was a greater distinction between officer and enlisted training," said Harms. "Today, it is critical that all of our Sailors, both officer and enlisted, are highly educated and afforded the opportunity to develop professionally and personally. In fact, many enlisted Sailors become naval officers at some point in their careers. It makes sense to have all of our entry-level training experts working together in the same organization.'

Under the new structure, the following initial training programs will report to NSTC:

- Recruit Training Command, Great Lakes, Ill.
- Transient Personnel Unit, Great Lakes, Ill.
- Naval Reserve Officer Training Corps programs at colleges and universities throughout the coun-
- Naval Junior Reserve Officer Training Corps programs at high schools throughout the country, U. S. Territories, and at Department of Defense Dependent Schools overseas
- Officer Indoctrination School,
- Naval Chaplains School, New-

port. R.I.

- Broadened Opportunity for Officer Selection and Training (BOOST) program, Newport, R.I.
- Naval Science Institute, Newport, R.I.
- Seaman to Admiral-21 program, Newport, R.I.

Officer Training Command (OTC)-Pensacola, a new command that will also report to NSTC, was provisionally stood up on Feb. 10. OTC-Pensacola will assume responsibility for officer accession programs currently assigned to the Naval Aviation Schools Command, Pensacola.

The programs that will be realigned under this new command are: Navy Officer Candidate School; Limited Duty Officer and Chief Warrant Officer School; and Direct Commission School.

Provisional stand up means NSTC and OTC-Pensacola assume responsibility for the operations, functions, and roles identified, however, the final construct and manning are not com-

"Changing the way we do business can be challenging," said Harms. "And we're dealing with some of that as we proceed through this training revolution. This is a change that's very good for our Navy and for all Sailors, officer and enlisted.'

## Astronaut

Continued from Page 3

of the fireball with the contrail following it and before the announcer said a word, I knew gravity of the situation. It hit me pretty hard."

Calandra, who described Willie into his family," said all reports McCool."

portraying McCool as someone "The first image on the TV was who always smiled were very accurate.

"His leadership was outstandwhat had happened and the full ing and his camaraderie is solely missed. Even in the worst of times, he had a grin on his face. The country and the U.S. Navy as a man who was "very much lost a hero when they lost Willie

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#### Navy-wide news

#### Central Command adds more troops

WASHINGTON (NNS)  $\stackrel{\cdot}{-}$  The U.S. military buildup in the U.S. Central Command (CENTCOM) area of operation is continuing, with more than 113,000 troops now serving in the region, DoD officials said recently. About 150,000 are expected on station by the weekend.

The CENTCOM region sprawls from Kazakhstan to Kenya. The troop total includes some 9,000 personnel involved in operations in Afghanistan and thousands of others deployed to countries around that theater of operations, the officials said.

The largest Army unit to deploy to of Forts Stewart and Benning in Georgia. That unit is in Kuwait. Other Army units, most notably the 4th Infantry Division from Fort Hood, Texas, have received deployment orders.

There are 35,000 Marines in the area

of operations. The 1st Marine Expeditionary Force has 15,000 Marines in Kuwait. Roughly 7,200 Marines are aboard Amphibious Task Force East, and 5,000 others are aboard the Amphibious Task Force West. Thousands of Sailors man the ships carrying the Marines.

The Navy has deployed the aircraft carrier USS Constellation (CV 64) and USS Abraham Lincoln (CVN 71)Battle Groups to the Central Command area of operations. They are currently in the Arabian Sea area and are part of Central Command's 5th Fleet. Each group has 8,500 to 10,000 Sailors aboard. The USS Harry S. Truman (CVN 75) carrier battle group is in the Mediterranean Sea as part of the 6th Fleet in the U.S. the area is the 3rd Infantry Division out European Command area of opera-

> The USS Theodore Roosevelt (CVN 71) has finished training in the Caribbean and is transiting in support of the global war on terrorism, Navy officials said.

Airmen to the region. Of those, 1,725 are Air National Guardsmen and 625 are Air Force Reserve members.

## 4 subs converted

to SEAL platforms ABOARD USS FLORIDA (NNS) During the nation's war on terrorism, Navy SEALs (Sea, Air and Land) have been the force of choice for a variety of missions, from direct action in the mountains of Afghanistan to boarding ships in the Arabian Gulf.

As the Navy shapes itself to support future conflicts, it does so realizing special warfare will continue to play an increasingly greater role.

With that idea in mind, the Navy is converting four ballistic-missile submarines to guided-missile submarines (SSGNs). In addition to their ability to launch conventional weapons, the SSGNs will also provide Navy Special Operations Forces (SOF) the ability to

The Air Force has deployed 17,850 conduct clandestine missions for extended periods of time.

> The SSGN conversion program was designed using the Navy SEAL motto "to equip the man, not man the equipment." And while the SSGN is bigger than the usual "tool" in the SEAL toolbox, it provides a bigger than usual payoff for the Navy's elite warriors.

> "The SSGN increases our arsenal and our ability to fight," said Chief Warrant Officer William Snow, a Navy SEAL working on the SSGN project. "It brings a lot more flexibility and a lot more fight for the Navy as a whole.

> Navy SOF have operated from submarines since World War II. However, because of the limited space aboard the smaller fast-attack submarines, SEALs found themselves sleeping and working wherever they could find an empty spot.

> Because skills degrade quickly in such a confined environment, SEAL on-station time aboard current Navy submarines is also limited.

